



Working out →

FINDING A BOYFRIEND

Most of us gay men are looking for a boyfriend, maybe for a time, perhaps forever.

But sometimes we look, we try, and it just doesn't work out: we blame ourselves; we blame the scene; we say it's insecurity; we talk about the emptiness of other gay men. In the end though, it's up to us to decide what we really want, and to go out and get it! You have to take responsibility. But it's all out there, and we all know there are those who find and keep partners.

You can do it too. But it's up to you to make it happen. This programme will show you how to:

- gain confidence in going out to look for a boyfriend;
- be clear on where to go and look for a boyfriend;
- make a plan, and take the first steps to find a boyfriend